

## **Yorkshire Championships 2017 – Competition Format / Routines**

### ***TRI Competition Format***

1. The competition will follow the current B.G. Trampoline Code of Points for both the age group and Men's and Ladies categories. With adjustments in the DD values for men s and ladies.
2. Age groups categories consist of a set and voluntary round only.
3. Men's and Ladies categories consist of a set, voluntary and final round.
4. Positions will be decided by the total score of all competition rounds
5. ( 0 final) TBC at TC meeting
6. The final round consists of the highest scoring top 8 competitors after the set and voluntary rounds.
7. There is no tariff limit for the voluntary and final rounds in all age group categories
8. Age Groups are U9, U11, U13, U15, U17 and O17.
9. For Mens and Ladies categories, gymnasts must be at least 9 years of age in the year of the competition to compete in this category ( routine requirement rules apply)  
  
For the Men's and Ladies categories, Time of Flight will be included as a score in all rounds.
10. Age is determined by current year – year of birth. e.g. 2014 – 1999 = 15 so U17
11. Teams are 4 with 3 to count. Any alterations to team members must be made in writing to the competition organiser before the start of the first round of competition.
12. Clothing as per BG code of points.
13. Equipment – 6x4mm or 4x4mm FIG spec. trampolines will be used.
14. BG Competition cards must be completed and submitted to the Chair of the judging panel on which the respective gymnast will be competing before the start of the first round. Competition cards must be fully completed in English or FIG notation, including individual and total difficulty values. Coaches must sign the competition card and be suitably qualified for all skills being performed.

### ***Awards***

The top 3 individual places will be awarded in each age group and Men's and Ladies categories.  
The top 3 teams in each age group and Men's and Ladies categories will be awarded.

### ***Rachael Crowther Memorial Award***

The Rachael Crowther Trophy is awarded to the trampolinist with the highest total form score over the set and voluntary rounds of both the Men's and Ladies competition. The award is made in memory of Rachael, a member of Kirklees Rebound who sadly died after contracting meningitis.

## TRI Set Routines

Under 9	Under 11	Under 13
Front Drop To Feet Straddle Jump ½ Twist Jump Seat Drop ½ Twist to Seat Drop ½ Twist to Feet Tuck Jump Pike Jump Full Twist Jump	Full Twist Straddle Jump Seat Drop ½ Twist to Seat ½ Twist to Feet Pike Jump Back Drop ½ Twist to Feet Tuck Jump ½ Twist Jump	Full Twist Straddle Jump Seat Drop ½ Twist to Seat ½ Twist to Feet Pike Jump Back Drop ½ Twist to Feet Tuck Jump Front Somersault (T)

Under 15 / Under 17 / Over 17	Men's / Ladies FIG A requirements
Back Somersault (T) Straddle Jump Seat Drop ½ Twist to Seat ½ Twist to Feet Pike Jump Back Drop ½ Twist to Feet Tuck Jump Front Somersault (T)	The routine consists of 10 different elements, each with a minimum of 270° somersault rotation. Four elements, marked with an asterisk (*) on the competition card, will have difficulty ratings. The difficulty will be added to the execution score to give the total score for the first routine. None of these four elements may be repeated in the voluntary. • If either of the four asterisk (*) moves from the compulsory are repeated in the second (voluntary) routine they will not be awarded difficulty in that routine Set and Voluntary Routine • Maximum of 1 body landing allowed. Performing more than 1 body landing will be deemed an interruption. • Male - Minimum difficulty 3.3 set 6.5 Vol • Female - Minimum difficulty 3.1 set /6.5 Vol

## SYNCHRO

Routines to be performed in the set routine as per you age group gymnasts can move up one age group to make a pair but must perform the older age group set. Gender can be mixed.

There is no minimum difficulty in the voluntary routine

## SYNCHRO OPEN EVENT

Set routine as per men's and ladies with four elements marked with an asterisk.

Min DD for set 3.0 for

Min DD Vol 6.5

## **DMT Competition Format**

1. The competition will follow the current B.G. Trampoline Code of Points for both the age group and Men's and Ladies categories.
2. Age groups categories consist of 2 passes.
3. Mens and Ladies categories consist of 2 passes and a final pass round.
4. For Men's and Ladies categories, gymnasts must be a minimum of 9 years old in the year of the competition.
5. The final pass round consists of the highest scoring top 8 competitors after the first 2 passes.
6. There is no tariff limit for any pass.
7. Age Groups are U11, U13, U15, U17 and O17.
8. Age is determined by current year – year of birth. e.g. 2014 – 1999 = 15 so U17
9. Teams are 4 with 3 to count. Any alterations to team members must be made in writing to the competition organiser before the start of the first round of competition.
10. Clothing as per BG code of points.
11. Equipment – 13x13mm and/or 6x6mm DMT will be used for all classes.
12. Competition cards must be completed and submitted to the Chair of the judging panel on which the respective gymnast will be competing before the start of the first round. Competition cards must be fully completed in English or FIG notation, including individual and total difficulty values. Coaches must sign the competition card and be suitably qualified for all skills being performed.

## **Awards**

The top 3 individual places will be awarded in each age group and Mens and Ladies categories. The top 3 teams in each age group and Mens and Ladies categories will be awarded.

## **DMT Pass Requirements**

<b>Age Group passes</b>	<b>Mens / Ladies</b>
Minimum of one somersault skill with at least 360 degrees rotation per pass	Minimum of two somersaults skills with at least 360 degrees rotation each per pass